



Gyan Buzz...

April, May & June; Vol. I, II & III

DISCOVER THE joy OF LEARNING

From The Principal's Desk...

Dear Readers,

As Vaani, the student editor has rightly mentioned, we have indeed adapted well to the change that the pandemic brought upon us. The 2nd wave did come with its many challenges. We salute the courage of the children and adults for their courage and fortitude in dealing with unforeseen and unprecedented tragedies. Our prayers are with each Shreeyan and Shreeparent. Let us all hope, wish and pray for better times.

Best Wishes,
Brinda Ghosh
Principal

Editorial...

The second wave of the malevolent virus Covid – 19 has forced the students and teachers to once again lean on the online mode of learning. As everything else slowed down once again, we learned and adapted. Change as we know it, is inevitable. Last year when we were introduced to the concept of online learning, none of us knew what to expect, yet we accepted the challenge whole heartedly. After completing one session of online learning with commendably, we Shreeyans are now ready to tackle another one.

This pandemic has forced us to make the best use of what we have at our disposal, and we have done that to the best of our ability. We have grown as individuals and have learnt to be grateful, grateful for being able to spend this time with our loved ones in the safety of our homes. The pandemic didn't put a halt in our lives but made us face a situation we never expected, if anything it made us all better and stronger versions of ourselves. Though we have been struck by grief and loss of loved ones, we have strengthened our resolve to still support each other in the Gyanshree family and outside. We have now met the best and worst versions of ourselves and it is our responsibility to move forward and be our own authentic selves and keep building ourselves further.

There are two outlooks to have towards the situation we are in; either to keep living under the stress of the grim situation or appreciate everything and pray for things to get better. I appeal to all of you, the readers of Gyanbuzz, to stay resilient and understand that things will not remain like this forever, our collective effort will definitely change the circumstances for good.

I request all our readers to help those in need around you. Every small step by each one of us will lead to a bigger change in the future. Stay strong and healthy!

VAANI BHARDWAJ
GRADE XII



Pre – Primary Wing

MY FIRST DAY

The first day of school is one of the most important days of the school year. Unfortunately, due to the current situation, our little Shreeyans missed out on the excitement of seeing their school and getting to meet their friends and Shreegurus in their new classrooms. The first day of 'online' school, began with 'Meet and Greet' - introductions of the Shreegurus and Shreeyans.

The teachers had some interesting activities lined up to make this day special and memorable. Shreeyans of Pre-Nursery made beautiful flowers with hand and finger painting. Shreeyans of Nursery made 'This is Me' - a portrait of themselves. Shreeyans of KG made a beautiful name-badge in the form of a pencil with their names written on their own.

The activities helped to create an environment of fun and happiness. It was a good start!



RED COLOUR DAY

The colour of the month was 'red' and 'Red Colour Day' was celebrated on 12th April. Shreeyans and the Shreegurus were dressed in red on that day and many interesting activities were conducted throughout the month.

Pre- Nursery Shreeyans painted a circle shaped cut-out red and learnt about the shape as well as the colour. Nursery Shreeyans made a 'Strawberry Craft' with 'tear and paste'. Kindergarten Shreeyans got a red coloured object and talked about it. They also made Roohafza for the Little Chef activity.

All these activities were carefully selected and planned to enhance vocabulary, speaking skills, fine motor skills and eye-hand coordination while learning to identify and recognize the colour.

LEARNING TO BE A FRIEND OF THE EARTH

On 22nd April, Shreeyans of Nursery and Kindergarten came dressed in blue and green to celebrate Earth Day. The day started with a discussion via a PPT about the Earth being our home and how we can be friends of the Earth. They also learnt about the 3 R's – Reduce, Re-use and Recycle.

Pre-Nursery and Nursery Shreeyans created Earth on a white circle using different techniques - painting and 'tear & paste'. Shreeyans of KG created a poster to show what they can do to save and protect our planet Earth.

The activities improved their fine motor skills, pincer grip and eye-hand coordination while learning about the concepts.





MOTHERS' DAY

"God could not be everywhere, and therefore he made mothers." - Rudyard Kipling

Shreeyans of the Pre-Primary Wing on this Mother's Day made beautiful cards for their mothers and learnt special Mother's Day songs, to make them feel special and bring smiles on their faces,

Pre-Nursery Shreeyans made a card with a heart shape with red & yellow finger printing. Shreeyans of Nursery used 'tear and paste' technique with colourful paper inside a heart shape. Shreeyans of Kindergarten made a beautiful flower with three concentric circles of different sizes pasted on a card.

The Mothers' Day card not only depicted the Shreeyans' love for their mothers, but also enhanced their motor skills and creativity.



SUMMER CAMP 2021-22

Gyanshree School Summer Camp was a great initiative taken up for the Shreeyans to enjoy their summer vacations and stay engaged especially this year, as they were home bound due to the pandemic.

The Summer Camp was organized for two weeks during the month of May. Various exciting activities were planned for the Shreeyans. These included Art & Craft, Dance & Fitness (including Yoga & Meditation), Brain Games, Little Chef and Story Time. The story sessions concluded with follow-up activities like Free Art expression, Craft and even Experiments connected with the story.

The activities were especially designed to stimulate the Shreeyan's memory, observation & thinking skills as well as listening & speaking skills. The Summer Camp gave the Shreeyans opportunities for learning many new activities and skills, to benefit their overall growth and development, while having fun.



Lower Primary Wing

WELCOME CRAFT (NAME TAG)

Grade I art projects are always fun. At this age, children are eager to try out all sorts of new materials and techniques, and their creativity is just waiting to be tapped. As a welcome craft our Shreeyans made a name tag. They wrote their name in the centre; later coloured and decorated it with different materials available at home. This activity helped in recognizing and writing their own name independently and also use their imagination and creative skills.



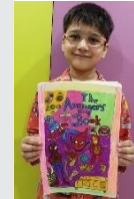
BAISAUKHI

Baisakhi is a spring harvest festival. It marks the Sikh New Year and commemorates the formation of Khalsa Panth warriors. The day started by seeking the blessings of the Almighty and to get a feel of the festival, our little Shreeyans saw a PPT on Baisakhi and later drew a dholak and made patterns inside it with different colours. This activity created the spirit for our culture and enthusiasm for the festival. It also helped them to explore their creativity.



LITERARY WEEK

Shreeyans of Grade II displayed their hidden talents during the Literary Week that commenced on the 19th of April. They were thrilled to participate in the different activities like Poem in the pocket where they recited their most favourite poem with the correct diction and intonation and their awesome style. Playing their favourite book character- Enacting their favourite character from their favourite storybook, brought out the best in our Shreeyans. It was a treat to see them not only dressed like Spiderman, Cinderella and such other characters but also getting into the character thereby having an understanding of the values the character stood for. Drop Everything and Read (DEAR) was an extempore activity that laid an emphasis and encourages the habit of reading but also to help them enhance their vocabulary. Lastly, Making a Cover of a Book was an activity in which the Shreeyans created the cover page of their favourite storybook as per their perception. Using a myriad of colours and ideas, the Shreeyans showcased their imagination. It was indeed a week full of surprises as the talent of the Shreeyans unravelled.



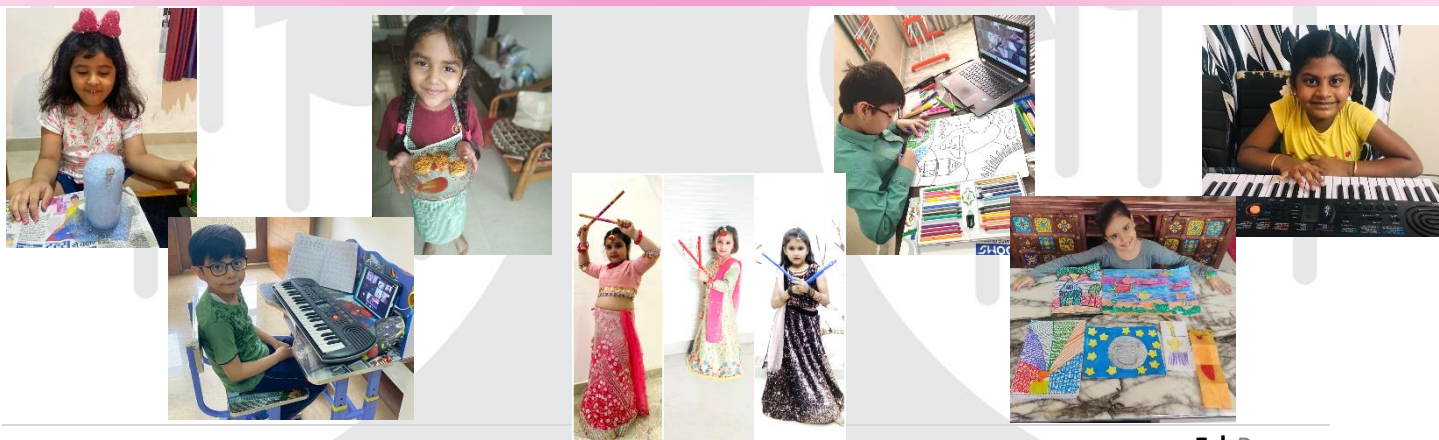
EARTH DAY (BEST OUT OF WASTE)

Earth Day was celebrated on the 22nd of April. The event is held worldwide to celebrate support for protection of the environment. Gyanshree School has always taken pride in sensitizing the Shreeyans to be aware of their surroundings and use natural resources scarcely. Our Grade I Shreeyans made a carry bag with old newspaper. The Shreeyans of Grade II were at their creative best when they took on the challenge to design a colourful poster on Earth Day. They went on to amaze us with their ingenuity when they shared apt and meaningful quotes on saving planet Earth. We are proud to share that all the activities helped in realizing the importance of recycling and reusing waste material available to them, creating awareness on keeping Earth clean and green and healing our planet.

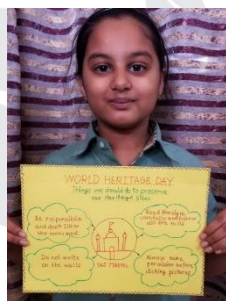
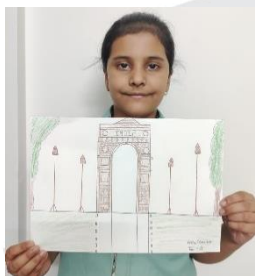
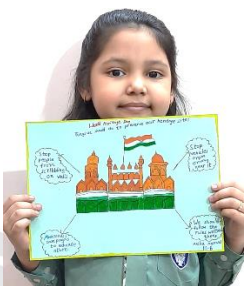


SUMMER CAMP-2021-22

We, at Gyanshree believe in discovering the joy of learning by doing, enjoying and experiencing with the help of hands on activities. With the underlying aim of holistic development and to make learning fun, the Shreeyans of Grades I and II embarked upon the fun-filled days of 'Summer Camp 2021' with the aim of enhancing their skill and being constructively engaged during the difficult and challenging times of the second wave of covid-19.. Exciting and well curated activities were planned which included dance, art and craft, science experiments, fitness dance, personality development, theatre, musical instrument, storytelling and flameless cooking. Each day of the Online Summer Camp held a new flavour, a new experience, a new learning for our Shreeyans, giving them the opportunity to explore and tap on their hidden talent in their field of interest.



Primary Wing



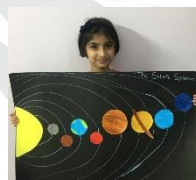
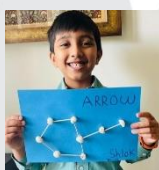
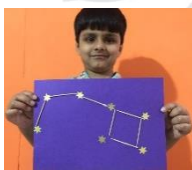
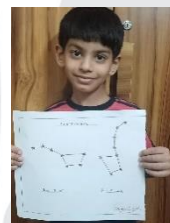
CELEBRATING WORLD HERITAGE DAY VIRTUALLY!

Echoing the sentiment famously expressed by Mark Twain about India being the “cradle of human race”, World Heritage Day was celebrated with much enthusiasm by the Shreeyans of Grade III. The young learners had an interesting round of discussion with their Shreegurus on how to go about preserving the rich heritage of our country. Shreeyans shared their innovative ideas and also partook in a poster making activity about the importance of saving our historical monuments.



REACHING FOR THE STARS...

The Grade III Shreeyans took part enthusiastically in an activity that introduced them to the wonders of the night sky. The future astronomers observed the night sky and came up with their patterns for possible constellations. They also made models of the Solar system and learnt much during these joyful sessions.



S.NO	Member	Age	Height	Weight
1	Meera	7.5	3'7"	24 Kg
2	Uday Babbar	1.5	3'6"	34 Kg
3	Mother	40	5'11"	91 Kg
4	Father	32	5'6"	75 Kg
5	Grandfather	64	5'5"	70 Kg
6	Grandmother	70	5'2"	63 Kg

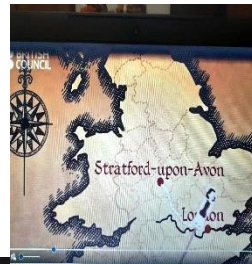


EXPLORE, OBSERVE, RECORD & UNDERSTAND!

Shreeyans of Grade III were encouraged to learn about the various aspects of growth through experimentation and observation. The eager data scientists made growth charts of their family members and also observed and recorded the growth cycle of a plant - from a seed to a sapling and shared their observations in class.

ALL THE WORLD'S A STAGE...

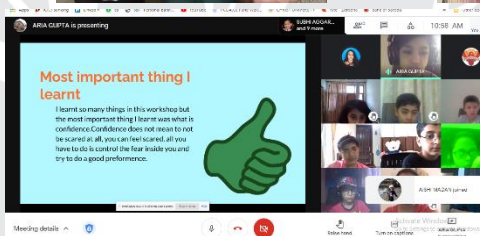
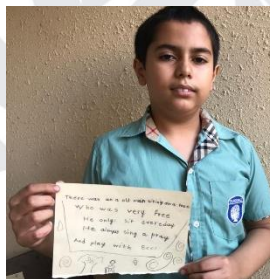
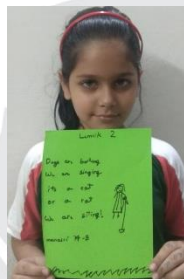
Shreeyans were introduced to one of the greatest playwrights to have walked the Earth - William Shakespeare. The enthused Shreeyans of Grade III learnt of Shakespeare's early life and brilliant works and also proved their understanding through a questionnaire while pupils across the wing took part in various class activities to mark his birthday.



LITERARY WEEK- THE POWER OF EXPRESSION!

Grades IV and V celebrated their annual 'Literary Week' with a variety of online activities.

The week that started with the young writers weaving poems and stories in a group activity was both a success and a source of bliss. From poster making to slogan writing on Jamboards while exploring the theme of social responsibility, to making one's own comic booklet and flipbooks, they did it all..... And their confident presentation of their work bore testimony to their impressive learning!



CELEBRATING RABINDRA JAYANTI- A HOMAGE TO OUR KAVIGURU...

Shreeyans of Grade V C presented a class assembly on the occasion of Rabindra Jayanti as a tribute to Rabindranath Tagore, the great poet and freedom fighter. The young elocutionists recited translations of his timeless poems in both English and Hindi much to everyone's delight. The assembly concluded with the national anthem, penned by the great poet himself. Shreeyans of the Upper primary Wing also learnt about the life and journey of the poet through a presentation and meaningful class discussions.

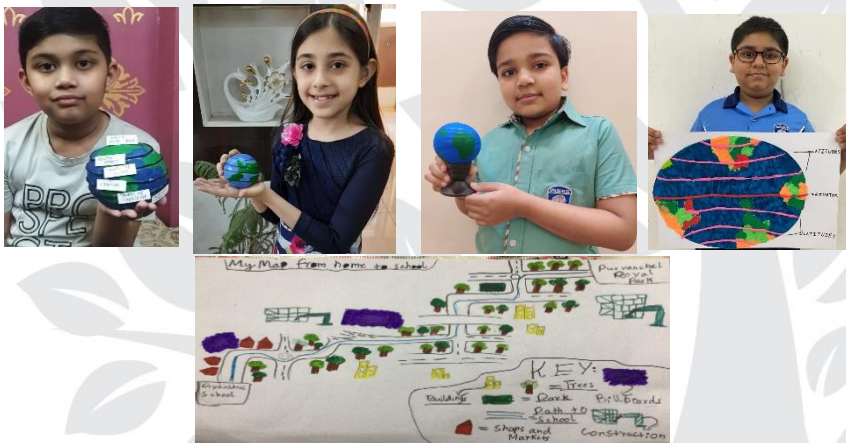


MATH FUN!

Shreeyans of Grades III and IV had a wonderful time playing with digit cards and learning various number concepts through this fun filled activity. The game that was played at different levels based on the level of challenge needed, covered a variety of topics from place value and number recognition to expansion and formation of numbers.

WHEN CLAY MODELLING MEETS SCIENCE...

Shreeyans of Grade IV learnt about the shape and function of different types of teeth while participating wholeheartedly in a dental clay modelling task. They also conducted experiments on oral hygiene, for all learning starts with doing!



LEARNING WITH GOOGLE AND MORE!

The spirit of innovative teaching entered our classes yet again when Shreeyans of Grade V were taught to use the Google Earth App. They were thrilled to locate their home and school on Google Earth. The avid scholars also learnt about the latitudes and longitudes and made models to display their newly acquired knowledge.

SKELETON FUN!

Shreeyans of Grade V learned the concepts of the skeletal system of animals in their surroundings with a variety of activities like 'Build the Skeleton', 'Structure of a Bone', and 'Habitat Tri-A-Rama'. Using materials that are easily available in their house, they learnt through correlation and collaboration!



LEARNING THROUGH OBSERVATION!

Shreeyans were asked to observe the number plates on various vehicles in their vicinity and research about the significance of the same. They learnt about the purpose of number plates for motor vehicles, the importance of the different characters and colour code displayed on a number plate.



SPECIAL TIMES, SPECIAL DAYS!

Shreeyans of Grades III to V expressed their love for their planet Earth and respect for the workers of this planet on Earth Day and Labour Day respectively through in class activities and presentations. They also observed the International Dance Day on 29 April with some foot tapping performances, creating magic all around!



SUMMER CAMP - 2021

Starting May 10, 2021 the Shreeyans of Grades III-V participated with great zest in the 'Online Summer Camp.' The budding campers were engaged in a variety of age-appropriate and interesting activities, from workshops on public speaking aptly named 'Eloquence', to online creative designing activity programme while using different software, from understanding the working of the spinal cord and even musical instruments like the spin drum to getting some effective vocal training. Besides there were virtual classes on folk and classical dance forms, daily sessions of aerobics and yoga and puppetry classes that trained the Shreeyans in varied skills like voice modulation, story weaving, improvisation and music making. Meanwhile the art hour found the keen artists taking up challenging art activities like mix media art, doodle art, aluminum foil art activity and even dot painting. These classes bore testimony to the power and joy of learning that continues to blossom even in these testing times; and the Shreeyans left no stone unturned to showcase their learning and work



Secondary Wing

SHAKESPEARE'S BIRTHDAY

"The very substance of the ambitious is merely the shadow of a dream." – William Shakespeare

This year on Shakespeare's birthday, the Shreeyans from the Senior Secondary Wing took part in various activities to honour his work.

The Shreeyans of VIII grade were divided into teams of two. One of the members had to recite Shakespeare's sonnet while the other had to do research about his plays. In the Grade IX, Shreeyans were divided into groups of three and had to take a quiz based on Shakespeare's life. The Shreeyans of grade 10th had to analyse sonnets and answer questions on the basis of their understanding. The Shreeyans of Grade XII were divided into teams of three and were asked to prepare a video enacting famous monologues from Shakespearean plays. Thus, all of them united to speak, act, recite, think about and live a day through Shakespeare's writings.



**AKANSHA NARAIN
KRITIKA NAGPAL
GRADE XII**

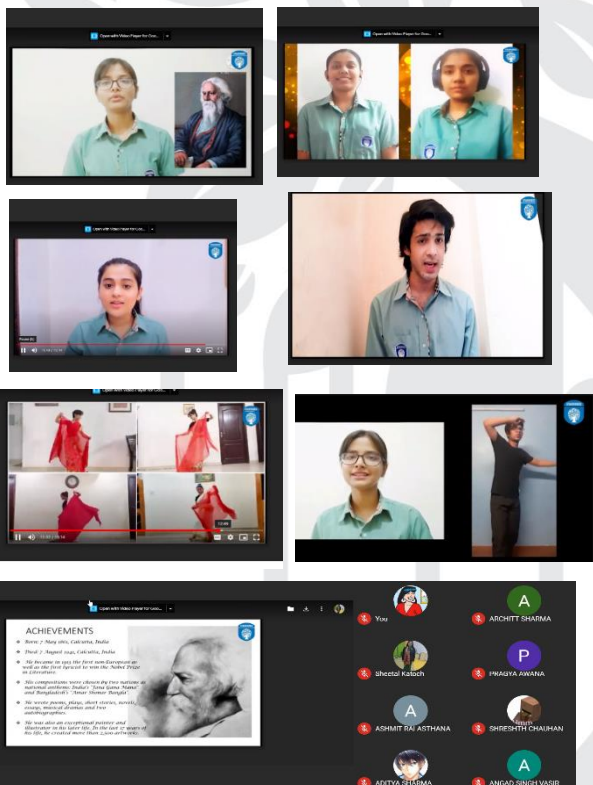


HONOURING KAVI GURU RABINDRANATH TAGORE

For Rabindranath Tagore's 160th birth anniversary, the Shreeyans of grade XII commenced the morning of 7th May by sharing some of their wisdom about 'The Bard of Bengal' with their juniors from grade IX to XI. The special assembly was started by evoking peace of mind, body and spirit with a melodies symphony, the 'Shanti Path' and was carried forward by sharing the famous words of the Bard of Bengal as the thought of the day, "If you cry because the sun has gone out of your life, your tears will prevent you from seeing the stars". Born as a gifted prodigy, he was- a poet, a writer, a playwright, a composer, a philosopher, a social reformer and a painter. A few of Tagore's exceptional works were presented, by the grade XII Shreeyans, which certainly did not fail to engage the audience. The Shreeyans sang the song 'Jhoom Jhoom Phul Phul Pe' quite gracefully, the poem- 'Paper Boats' was recited along with a lovely theatrical presentation. Various paintings done by the Bard were also presented as were some eye-catching portraits of Tagore done by the students and lastly, a beautiful dance was performed on Tagore's poem 'Babu Nari ki haveli vat log' as a tribute to the poet. The assembly ended by showing respect to our nation through 'Vande Mataram'. The event was a great success.



**ARCHISHA SHARMA
GRADE XII**



ONLINE SUMMER CAMP 2021

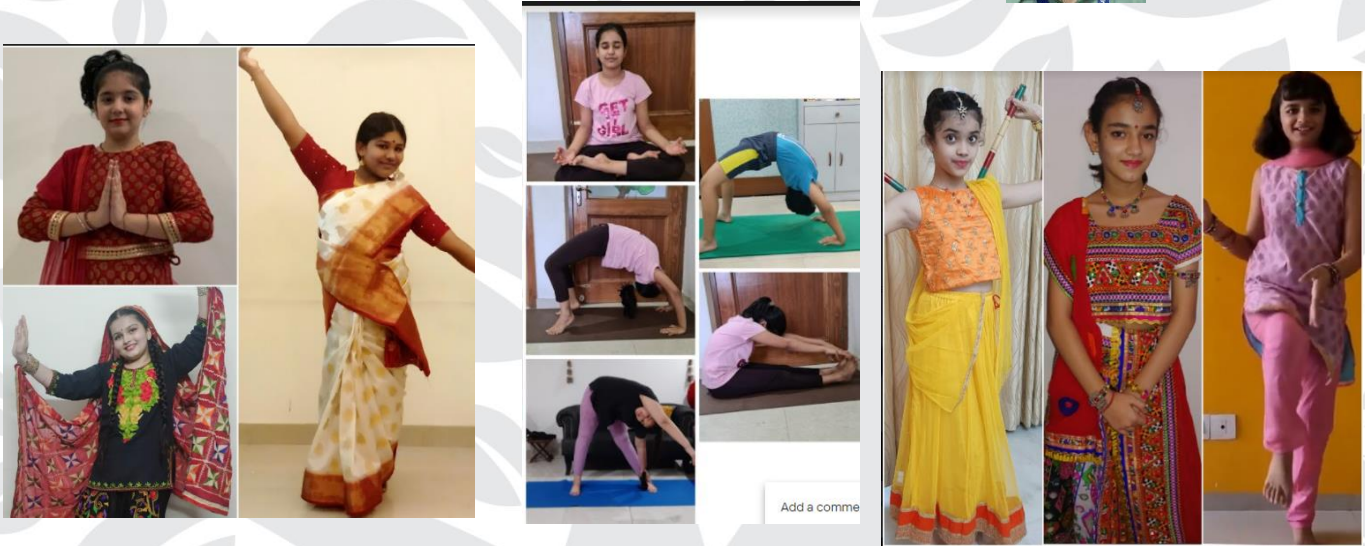
One should always have the desire and the curiosity to explore new things and engage their minds. Today, in these tough times, everyone is confined to their homes with barely any action, however, this has allowed for a brilliant opportunity for us to learn new things. Gyanshree School organised an online Summer Camp from 10th May to 21st May which provided the students to develop their skills, learn and most importantly, have fun.

The Summer Camp provided the children with a range of activities based on their interests, to avoid boredom and fatigue. The students were thrilled to participate in Art, Science, Math, Yoga, Quiz, NTSE, MUN, Debate, Theatre, Dance, Art and Music etc. These clubs not only challenged our minds but also made the summer days more fascinating!

Though our movement is limited, our imagination isn't. This is what makes learning a delightful experience.



**DIVIJAA CHAUHAN
VIII**





BACTERIA VS VIRUS

The two most common microorganisms are bacteria and viruses. Everyone has heard about them, but do you know how they are different? That is what we will be discussing in this article.

Bacteria are single-celled organisms that can survive in almost any environment. Bacteria are also self-sufficient. They can be helpful, or be destructive. They are prokaryotic, meaning they lack a nucleus, but their DNA either moves freely in twisted, thread-like masses called the nucleoid, or separately, known as plasmids. They also contain ribosomes, which are spherical units where the proteins from amino acids are assembled using the information in the RNA. Some types of bacteria may have an outermost protective layer called the capsule, but all bacteria don't have a cell wall. The surface of bacteria has whip-like structures-long ones being flagella and short ones being pili-that help them to move and attach to a host. Bacteria can be helpful or detrimental to humans. Commensal or good bacteria share space within our body and are helpful. Many bacteria help in digestion, kill harmful pathogens and help develop the immune system. Other bacteria can be infectious and dangerous. Several bacteria can cause tissue infections.

Viruses, on the other hand, are smaller than bacteria. They are made of proteins. They can't grow or reproduce on their own. It invades a living cell and uses its machinery to replicate itself and sustain itself. The copies may have fidelity or mutations; this cloning ability is the reason why the ability of the same virus may change from person to person, making treatment difficult. They can cause anything from common infections like the common cold to rare diseases like AIDS, caused by rhinoviruses and HIV respectively. Viruses may contain DNA or RNA. Viruses have been divided into several families based on shape, behaviour and other characteristics. Some DNA viruses are adenoviruses, papovaviruses, poxviruses and many others. On the RNA side, there are viruses like rhabdoviruses and the ones we keep hearing about in these recent times, coronaviruses. There are dozens. Many viruses are host-specific, meaning that they'll cause diseases in particular animals only.

In conclusion, we see that bacteria and viruses are very different. They both have different infection patterns, different sizes and different characteristics, but we should be equally careful of both.

AANJANEYA RASTOGI
GRADE IX

HOPE REIGNS!

Today, when the world is trying to build up resilience against the pandemic, humanity has been pushed to be in quarantine and a state of self-introspection. Last year, the lockdown made us learn compassion and patience and empowered us to tackle every hurdle with a smile. So, this year, when the pandemic has come our way as a greater challenge, why not take it as another opportunity to build ourselves and become the best version? This not-so-desired but much-needed break from our hassled life has allowed all of us to rejuvenate ourselves and do wonders instead of just wandering.

This session brought along a ray of hope; a much-needed ray of hope of returning back to our older lifestyles. Despite the undesired things that took place these last few days, we must acknowledge and make optimum use of what we have in hand, that is, the ability to build a bridge of positivity over the ocean of darkness and pessimism towards the brighter world.

Last year, many of us lost the motivation to keep progressing and ultimately got surrounded by clouds of hopelessness and negativity. So, let's start afresh. At this juncture, when the whole world is blighted by this malady, we must not stop moving, maybe at a slower pace, but keep moving. Pick up and read the book that you have always wanted to read, do the course that you have always wanted to be a part of, learn the musical instrument for which you couldn't spare time, but keep moving.

Even in the darkest of hours, humanity will find a new normal and we shall all pass through it. So, let's give ourselves a new path to walk upon, set our watches to Day 1, Hour 0, and begin this new battle against Covid-19 and mental illness with great vigour.

VIDHI JAIN
XII



IS THE MIND HEALTHY

Mental health issues were conveniently ignored or they were reluctant to acknowledge it as a medical issue for a very long time. Many people believed that the manifestations of mental health issues are merely behavioural tantrums, and that existed as a popular view in our society. Many people who were suffering from such issues were socially ostracized and they were left to fend for themselves. Fortunately, a positive change towards the approach of persons suffering from mental health issues is quite evident these days. Plain and open talk by celebrities about their own sufferings have encouraged society to view such persons differently.

We, as citizens, have a greater role in identifying the persons based on symptomatic behaviour in our families and schoolmates and do whatever possible to get the right treatment for such persons without affecting their privacy and dignity.

According to the UK Mental Health Foundation, 50% of mental health problems are established by age 14 and 75% by age 24. Factors that can contribute to stress during adolescence may include a need for independence; peer pressure; exploration or realization of gender identity; and increased use of technology. Untreated mental illness can seriously affect a person's ability to learn and grow. It can lead to negative coping mechanisms and at worst, may result in suicide.

According to research, one in four students have a diagnosable mental illness, yet 40% don't seek help. Most mental illnesses affecting adolescents are treatable with early intervention. If you know anyone who is going through such problems, or if you yourself are, please make sure to reach out to a trustworthy person. Practices of yoga, positive thoughts and social support are known to be healthy ways of dealing with it. But let's not for one moment think that it is a concern only for the completely mentally ill but rather recognize that it affects anyone and everyone who deals with stress and mental exhaustion on a daily basis. It's time that we take an initiative to build healthy thoughts and relations so that such issues can easily be addressed the moment they are noticed through the love of family members and the guidance of experts.



ANAMIKA S. DINESH
GRADE XII

NOT EVERY BELIEF IS GOSPEL!

SOMETHING JUST LIKE THIS

The wind feels gentle, the sky seems a little extra blue and the sun a bit brighter. Everyone seems happy and everyone has achieved what they wanted in life. What a beautiful world! But wait... on a closer look it seems like the idea exists or should I say the perception still exists in our childhood. All hail the good times! The child is with a dream...a dream that is still not known to us.

A HEAD FULL OF DREAMS

The child's mind is like a palette every time a different colour is chosen, relishing in the zeal to become everything and do everything in one lifetime. No bounds confine this child and no bounds ever can, or can they?

THE KING IS DEAD, LONG LIVE THE KING!

A few years later the child knows a thing called 'priorities' and it goes like this: studies, studies and then have fun or do whatever. Well of course it goes like that... it is the only right way. But what about the dreams? You may ask, 'What dreams?' Unrealistic things, these dreams, I tell you. The child is engulfed in this whole new world and is unaware of the past or his own true wish.

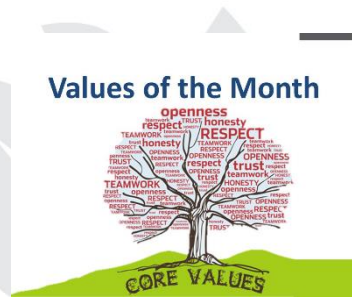
WHEREVER I GO

Done with school life and with a wider capacity to pursue, this child rethinks the old dreams and wishes, but realizes that now it is too late to pursue those dreams. Restless in doing what is 'supposed' to be done and unaware why... There is a set destination to travel to, but neither the journey nor the summit feels natural. There's something else. The classic feeling that the distant dream seen during childhood is not so distant in fact.

WHATEVER IT TAKES

"Is it too late? Am I ready for it? Do I have what it takes?" These questions trickle in, trying to break the newfound hope and keep the child's dream out of reach once again but this time, the child will die trying instead of giving up because even this discomfort and uncertainty feels more like home than any opportunity ever could. Free from the confines of the society, the child is out to realise the dream and the 'unrealistic dream' is being backed by the ideas of some others who inspired: M.S Dhoni, Nawazuddin Siddiqui and others who entered the ring "too late".

RISHABH AGGARWAL
XII



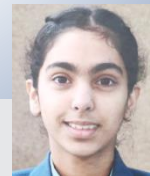
EMPATHY - ACT OF UNDERSTANDING

“You never really understand a person until you consider things from his point of view...until you climb into his skin and walk around in it.”

Empathy is more than just pity; it's the ability to sense another person's thoughts, feelings and most importantly their point of view. Empathy appears to have profound roots in our minds and bodies, and our developmental history.

Keeping this in mind, the Senior Shreeyans participated in diverse activities such as role plays, video presentations, personalised interviews and storytelling of inspiring people, poster making, empathy and belief system maps and numerous interpersonal discussions that delved into this value in depth. Shreeyans emerged from these activities as stronger empathetic and warm individuals ready to shoulder more responsibilities towards society. After all, empathy isn't 'hard work' but 'heart work'! To quote, Barack Obama. “It's the lack of empathy that makes it very easy for us to plunge into wars. It's the lack of empathy that allows us to ignore the homeless on the streets”.

**AMAN SRIVASTAVA
ARLEEN KAUR
GRADE XI**





CROSSWORD 1

Across

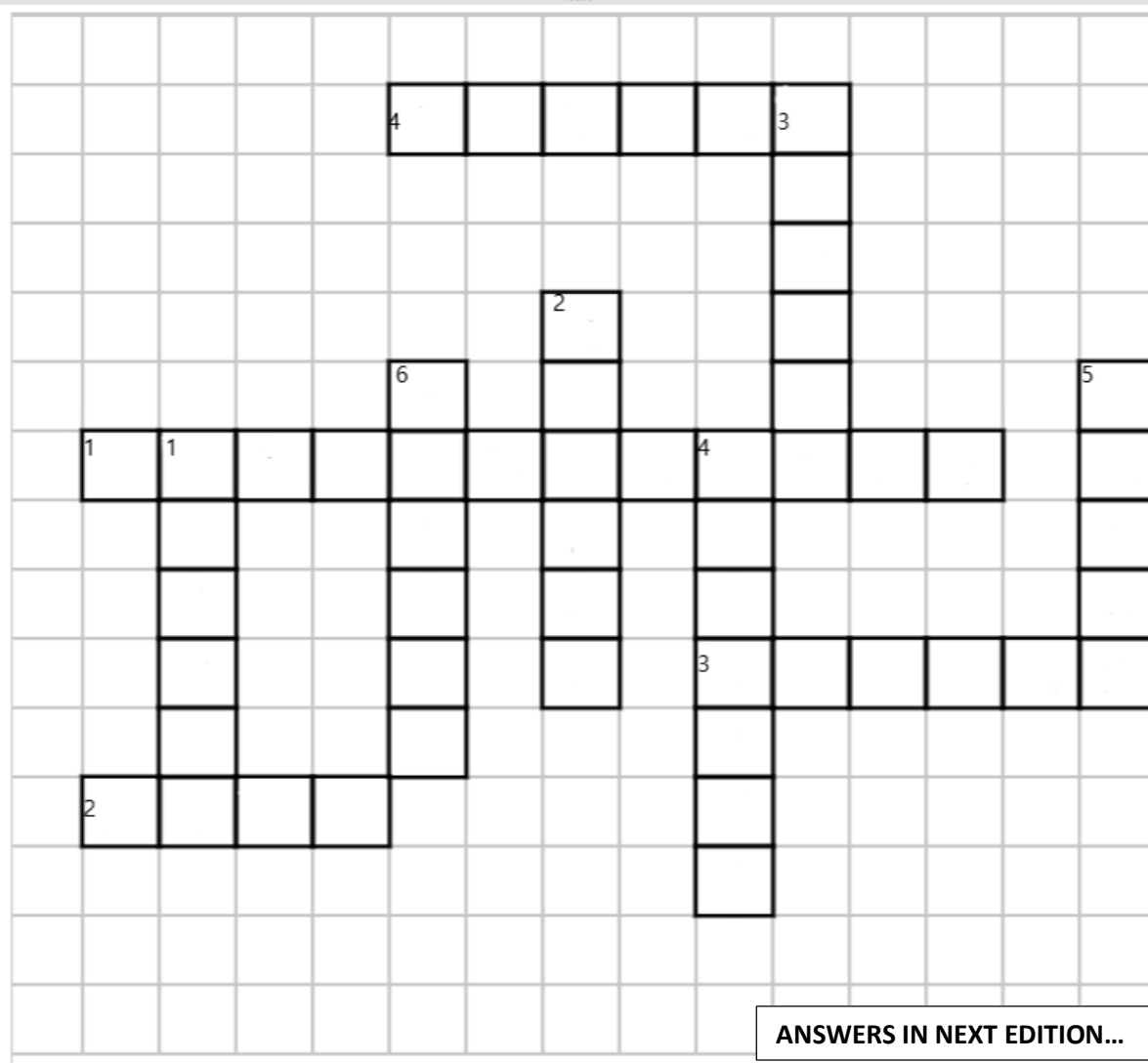
1. A genre of dance developed during mid 20th century and has popularity strongly in the US and Europe
2. Folk dance of Assam
3. Hand gesture in Bharatnatyam meaning "peacock"
4. Dance evolved during bhakti movement and tells stories of Lord Krishna

Down

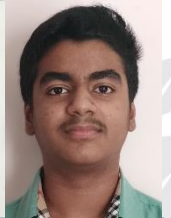
1. Classical dance originating in Odisha
2. Dance form evolved in New York City and includes "popping" and "locking"
3. Mohiniyattam and Kathakali originate from this state
4. Famous Bharatnatyam dancer and also a member of Rajya Sabha
5. Folk dance from Gujarat
6. A dance where female performers wear "tutus" and pointed shoes



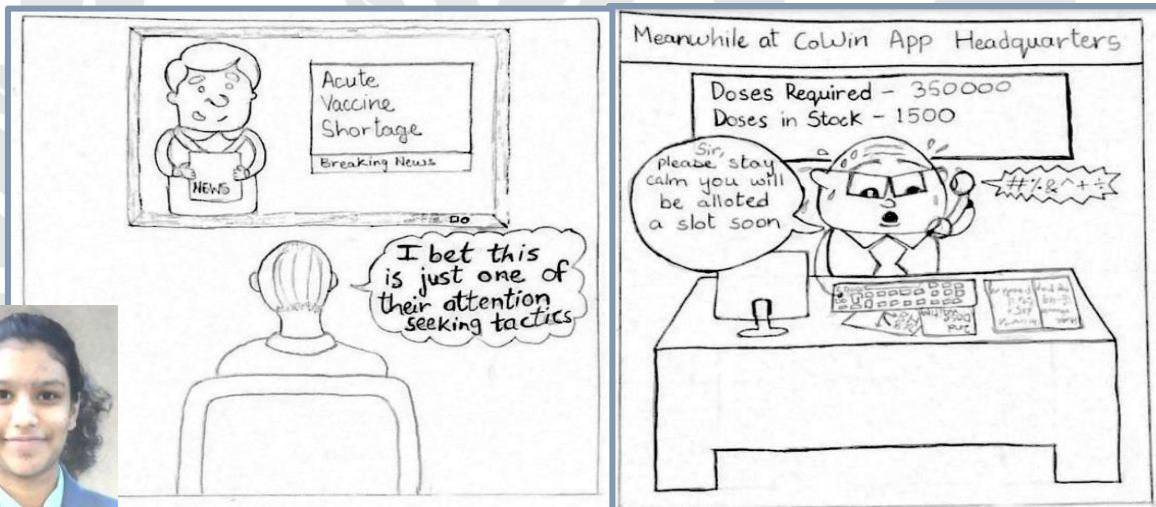
JESSICA PREET
GRADE X



ANSWERS IN NEXT EDITION...



MEHUL RATHORE
GRADE IX



MEGHA HIRAWAT
GRADE XII



Suggested Books:

1. The Forest of Enchantments by Chitra Banerjee Divakaruni
2. Purple Hibiscus by Chimamanda Ngozi Adichie
3. Siddhartha by Hermann Hesse



AVANTIKA AGARWAL 7A



BHARGAVI NIGAM 8C



ISHAN BANSAL 7A



ETASH DEB 7D



PRAVAR KASMA 7D



RAIMA AGARWAL 7B



AARNA ROHATGI 8A



MISHTI SRIVASTAVA 7A



GEET BAID 7C



ISHAN BANSAL 7A



PRAMIT GARG 7D



KRISHAV ARORA 8A



A YOUNG WRITER'S DILEMMA

From escapism to dystopia, realism to fantasy, bildungsroman to coming-of-age stories: the last few years we have been able to see a rise in these popular trends in books and movies. Gone are the days when science fiction fantasies of virtual realities were associated with a time far ahead in the future. Today, the fiction in one place may easily turn out to be a fact in another. The imaginative worlds of advanced AI and digital identities have become very much a reality of today than it had ever been possible before to experience.

Pandemic or no-pandemic, some of these literary explorations seem to be common ground for most fiction writers. But the age-old question remains of whether popular forms of trends, be it online entertainment platforms or kindles or audio books, would ever be able to replace books per se. Before you answer, please note that most of these entertainment platforms are dependent on books and their influence for content and inspiration. Not only in fiction but also non-fiction. Music to mathematics, and biographies to complex scientific or philosophical theories, are able to provide a never-ending tube well of resources of different peoples and times with fresh perspectives and various levels of creative licenses that continue to become a part of the collective consciousness.

Stephen King had very candidly pointed out, *"If you don't have time to read, you don't have time (or tools) to write. Simple as that."* Thus, reading is as much a part of human development as speaking or listening. While technology, undoubtedly, has been successful in aiding these two skills, quite a number of people still are unfamiliar with the scientific reasons behind the benefits of reading. Not only does it sharpen the mind by building concentration, critical thinking skills, imagination and other skills, it also helps to build more depth and substance in a person. Needless to say that the all-round development begins with a good amount of qualitative reading.

Having established that fact, the next thing in the line of argument is writing. Now, in the current age, where there is an explosion of information and volumes of diverse genres and plotlines, can a young writer really find a voice that can be considered truly original or profoundly unique? The voice of such a writer will have to be stronger and more powerful than the stories and depictions already in existence. And she or he may be left to think oneself as utterly inept as a writer.

While this may be a pertinent dilemma, I think that one way to look at it is to realize that away from the sound of popular media, we exist as individuals with unique experiences and qualities. According to Harvard Medical School, writing about emotions and trauma helps to ease stress and pain. As per some other experts, writing is an expression that equips an individual to develop higher cognitive skills. Others believe that it is a way of organizing thoughts and dreams to pave a route to quicker manifestations of personal goals. Whatever may be your excuse, the authenticity of your self-awareness is bound to increase through the simple practice of writing to express regularly.

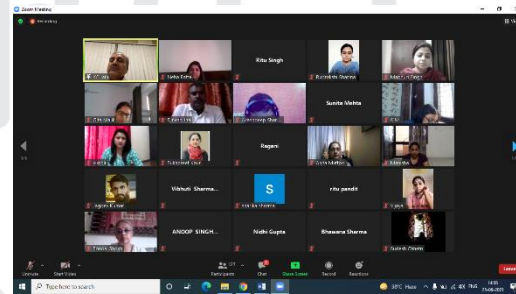
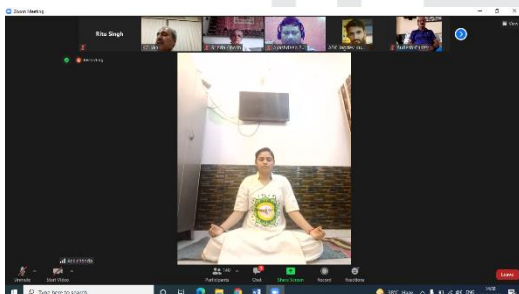
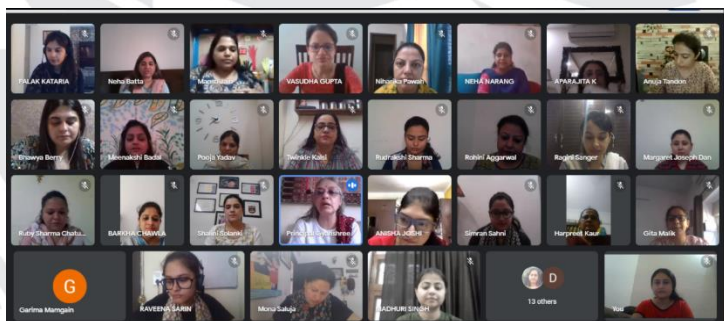
It isn't about comparing oneself with other writers, but about your own voice and developing it through your natural inclinations. The great American novelist, Louis L'Armour had once said, *"Start writing, no matter what. The water does not flow until the faucet is turned on."* Therefore, a writer's dilemma shouldn't be about 'what's there to write...?' but rather 'what's worth writing about...?' My dear young readers, here's a simple message for you, 'You wouldn't know of your untapped potential until you take your first step and pick up that pen to write. Fiction or non-fiction, any kind of writing, done earnestly, will certainly bear the fruit of a kind of self-fulfilment that you can never even imagine. You will only taste it if you try!'

SHREEGURU RUCHITA SINGH

School News

STAFF DEVELOPMENT PROGRAMME

Change is the only constant, and this has been proven to us yet again by the unfolding of the events in the first quarter of the new session. In the light of the need to move ahead with online classes in these uncertain times, our Shreegurus have attended an array of webinars and online workshops to keep themselves abreast with new online teaching techniques and skills. Sessions were conducted by Mr Philip Burrett and Ms. Brinda Ghosh on Teaching Design Thinking, Metacognition by Principal, Tools for Effective Classroom Transaction by Gyanshree Teacher members LFAN and Creating a Positive Class Climate by Mrs Gita Malik. The sessions conducted by Brahmakumari Sister Shivani on Mindfulness, Executive Member - Mr K.C. Jain and Principal - Mrs Brinda Ghosh on Mental Wellbeing, Stress buster and Team Building helped the Shreegurus to overcome stress and mental exhaustion that have engulfed everyone globally. The suggestions given by Sister Shivani and Mr K.C Jain will help the Shreegurus to handle the Shreeyans emotionally and spiritually during these tough times.





OUR JOURNEY WITH INNOVENTURE.

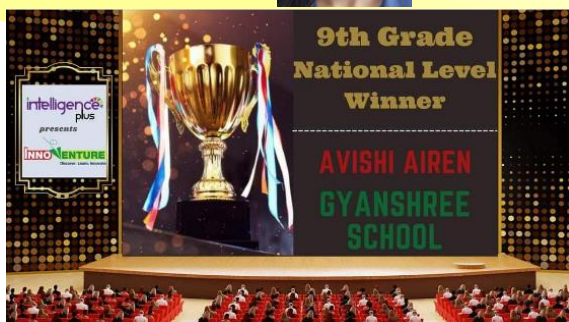
Innoventure is an initiative by *Intelligence Plus* to inculcate 21st century skills like entrepreneurship, creativity, logical reasoning in students through a series of different rounds. The first round was a written test that challenged our creativity and logical reasoning. The second round tested our verbal skills. The third and final round was problem solving and prototype designing.

Avishi: I was asked to discover the problems faced by deaf, dumb or mute people and help them by solving these problems efficiently. Thus, I designed a lightweight headband for the blind which could help them carry out their daily routines and move around. The device has inbuilt AI which coordinates with the GPS, distance sensors, real time object detectors, microphones and speakers, and text to speech scanners to work together to form an image in the person's mind and fulfil the job of the eyes. The brain could then process the information said by the AI and carry out the daily activities. I had an amazing experience brainstorming and evaluating different situations. I got a deeper understanding of their problems and situation. I have developed a few new skills of prototype designing, feasible actions, entrepreneurship skills, and several life lessons. I am grateful to intelligence plus to provide such a platform to nourish and sharpen my skills. I was declared the winner of the National Round.

Manvi: My question was to identify problems faced by government sanitation workers and find a solution in the form of a policy /application/product. After data collection and personal interviews with the target audience, I realized that a major everyday problem faced by the government sanitation workers was a lack of proper safety and sanitation equipment that is a must considering their laborious and dangerous job. As a solution, I designed a prototype application software that allowed the workers to get free and proper sanitation equipment delivered to them in exchange of earning points through different activities on the app. I had an interesting and memorable journey with Innoventure where I learned to break stereotypes and think out of the box in order to find a solution to a problem. It was an overall great experience with helpful study and preparation materials as well as inspiring individuals as guides in our journey. I am thankful to intelligence plus for this great learning opportunity. I was declared as the second runner in the National round.



**.AVISHI AIREN
MANVI CHATURVEDI
GRADE X**



CREDITS

- **Student Editor**
Vaani Bhardwaj
- **Student Reporters**
Shreeyan - Vidhi Jain, Aanyaneya Rastogi, Anamika S. Dinesh, , Rishabh Aggarwal, Aman Srivastava, Arleen Kaur, Jessica Preet, Mehul Rathore, Megha Hirawat, Avishi Airen, Manvi Chaturvedi,
- **Staff Editors**
Shreegurus - Ritu Singh,, Divya Agnihotri, Ankita Nair, Ruchita Singh, Parul Dixit, Gunjan Maggu, Anisha Joshi, Divya Soni, Sayantanee Mishra, , Ragini Sanger, Sonal Bhutani and Vasudha Gaur