



BREAKFAST (Pre- Nursery , Nursery & KG)



Dates / Days	1 st Sep	4 th Sep to 8 th Sep	11 th Sep to 15 th Sep	18 th Sep to 22 nd Sep	25 th Sep to 29 th Sep
MONDAY		Stuffed Paneer Parantha + Butter + Curd	Palak Parantha + Matar Paneer	Stuffed (Aloo) Parantha + Butter + Curd	Dal Parantha + Palak Paneer
TUESDAY		HOLIDAY (Teacher's Day)	HOLIDAY (Dronacharya Mela)	Veg Paneer Kathi roll + Sweet Porridge + Fruit	Veg Noodles + Fruit Custard
WEDNESDAY		Idli + Sambhar + Coconut Chutney + Banana	Vada + Sambhar + Coconut Chutney + Banana	Veg uttapam + Sambhar + Coconut Chutney + Banana	Idli + Sambhar + Coconut Chutney + Banana
THURSDAY		HOLIDAY (Janmashthami)	Veg Pasta + Hara Bhara Kabab + Apple	Sabudana Cutlet + Jam Sandwich + Apple	HOLIDAY (Ed-E- Milad)
FRIDAY	Ajwain Poori + Aloo Matar Tamatar + Suji Besan Halwa	Dal Poori + Shahi Paneer + Sevain Kheer	Beetroot Kulcha + Chole + Muffin	Palak Poori + Aloo Bhaji + Cake Slice	Spinach Pav + Bhaji + Gulab Jamun

- Menu is subject to change due to unavoidable reasons.



LUNCH (Grade I to XII)



Dates / Week	1 st Sep	4 th Sep to 8 th Sep	11 th Sep to 15 th Sep	18 th Sep to 22 nd Sep	25 th Sep to 29 th Sep
MONDAY		Chana Dal + Malai Methi Matar + Rice + Roti + Green Salad + Rice Phirni	Arhar Dal + Mix Veg Kofta + Roti + Rice + Black Chana Salad + Sevain Kheer	Pakora Kadhi + Jeera Aloo + Roti + Rice + Kachumber Salad + Rice Phirni	Sabut Moong Dal + Malai Kofta + Roti + Veg Pulao + Green Salad + Sevain Kheer
TUESDAY		HOLIDAY (Teacher's Day)	HOLIDAY (Dronacharya Mela)	Rajma + Palak Aloo + Rice + Roti + Jeera Raita + Salad	Moong Masoor Dal + Shahi Paneer + Parantha + Rice + Salad
WEDNESDAY		Rajma + Aloo Capsicum + Rice + Parantha + Salad + Gulab Jamun	Lobia + Palak Corn Paneer Bhurji + Rice + Roti + Salad + Suji Besan Halwa	Dal Makhani + Palak Kofta + Rice + Roti + Chickpea Salad + Gulab Jamun	Paneer Do Pyaza + Dahi Aloo + Shahi Pulao + Parantha + Salad + Gulab Jamun
THURSDAY		HOLIDAY (Janmashthami)	Sabut Masoor Kali Dal + Paneer Lababdar + Roti + Jeera Rice + Potato Salad + Curd	Urad Dhooli Dal + Karahi Paneer + Parantha + Rice + Corn Salad + Curd	HOLIDAY (Ed- E- Milad)
FRIDAY	Spinach Pav + Bhaji + Veg & Soya Chunks Biryani + Boondi Raita + Brownie	Veg Noodles + Veg Fried Rice + Veg Pasta (Red Sauce) + Veg Manchurian + Fruit Custard	Chola + Beetroot Kulcha + Veg Dum Biryani + Onion Tomato Mint Raita + Muffins	Idli + Vada + Lemon Rice + Sambhar + Coconut Chutney + Cake Slice	Chola + Beans Aloo + Palak Poori + Jeera Rice + Raita + Salad + Suji Besan Halwa

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