



## WEEKLY MEAL PLAN

23 JULY 2018–27 JULY 2018



DATE	DAY	BREAKFAST ( PRE NURSERY , NURSERY ,KG )
23 July	Monday	Poori, Aloo Matar sabji, Suji Besan Halwa
24 July	Tuesday	Pav Bhaji, Green Cutney
25 July	Wednesday	Poha, Bread Butter Jam
26 July	Thursday	Kathi Roll, Muffins
27 July	Friday	Idli, Sambhar, Coconut Chutney

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<b>DATE</b>	<b>DAY</b>	<b>LUNCH Grades I - XI</b>
23 July	Monday	Lobhiya Masala, Paneer Lababdar, Roti, Peas Rice, Curd, Frymes, Rice Kheer.
24 July	Tuesday	Kala Chana Gravy, Besan Gatta, Paratha, Rice, Pudina Raita, Papad, Sevain kheer
25 July	Wednesday	Mix dal, Parval Masala, Roti, Jeera Rice, Curd, Kala Chana Chaat, Sooji Besan Halwa
26 July	Thursday	Pav Bhaji, Veg Biryani, Dahi Bhalla, Aloo Chaat , Muffin
27 July	Friday	Mong Masoor Dal, Aloo Matar Dry, Paratha, Rice, Boondi Raita, Fine Cut Salad, Coconut Gulab Jamun.